

SH7520 - Social and Health Care in Finland

Contact learning 80 hours

Independent learning 55 hours

The students will be able to

- understand the Finnish social and health care system in the context of national and international health policy
- identify and evaluate the social and health needs in individual and community level in Finland compared to his/ her own country
- recognise differences and similarities in the social and health care service systems, health care programs, laws and regulations compared to his/ her own country
- recognise differences and similarities in methods of health promotion and health education compared to his/ her own country
- plan, implement and evaluate individual or family or community –focused guidance.

Content:

- global and national trends in health issues, social and health policy
- social and health problems in Finland and in other countries, prevention of diseases
- health care service systems, service and care chains, regulations, organisations
- health promotion, community-focused methods of health promotion
- guidance, consulting and networking in nursing, welfare technologies in guidance.

Learning / teaching methods:

Self directed preparatory assignment, lecturers, study visits, group work, seminars, individual tutorial support.

Study visits to different social and health care services during February - April 2009.

Examples:

- health care centre in Vantaa, Peijas Hospital, elderly care home, Center for senior citizens, child and maternity centre, school health, voluntary sector community centre, Ministry of Social and Health / Center of research and development (STAKES) Assessment: Written report and oral presentation in the seminars.

Cr.: 5 ECTS